

No.11018/03/2012-AIS-III
Government of India
Ministry of Personnel, Public Grievances & Pensions
(Department of Personnel & Training)

New Delhi, dated the 24th August, 2012.

To

The Chief Secretaries of all the States/UTs

Subject:- Revised Format for Health Check up for AIS officers and revised rates thereof.

Sir/Madam

In order to remove anomalies between All India Services and Central Civil Services Rules, it has been proposed by a Working Group, which was constituted in this Department for removal of anomalies between AIS Rules and CCS Rules, to revise the Format for Health Check-up of AIS officers amending the rates of test according to the provisions for Group 'A' officers of CCS.

In AIS (PAR) Rules, 2007, proforma for health check up for AIS officers is given in Form IV of the said rules. Some tests are not available for AIS officers in the existing Format for Health check up as are prescribed for Group 'A' officers of CCS. Rates for tests for AIS officers is Rs. 1500/- per officer and Rs. 400/- if the consultant physician advises ECHO/TMT or both and also that on any further investigation, if advised, hospital will charge at their prevailing hospital tariff and provide a discount of 15% on the same whereas rates for tests for Group 'A' officers of CCS are Rs. 2000/- for men and Rs. 2200/- for women.

2. As proposed by the Working Group, revised format for health check up for AIS officers is suitably modified incorporating all the additionalities prescribed for Group 'A' officers of CCS (copy enclosed) and higher rates approved for Group 'A' officers of CCS may be negotiated with the panel hospitals. A copy of the revised format is enclosed.

3. It is requested that comments/views of the State Government on the revised format for Health Check up may be sent to this Department latest by 4th September, 2012 positively. If no reply is received by the stipulated date in the Department, it will be presumed that the State Government has no objection to the proposed revised format.

Encl: As above

Yours faithfully,

Deepu
(Deepu Umashankar)
Director (Services)
Tele.No.:23093591

Deputy Secretary(CGHS), M/o Health & F.W., Nirman Bhavan, New Delhi.

2. Joint Secretary (Police-I) (Shri K.K.Mittal), M.H.A., North Block, New Delhi.

3. Joint Secretary(UTS), (Shri K.K.Pathak), M.H.A., North Block, New Delhi.

Joint Secretary (Shri B.M.S.Rathore), Ministry of Environment & Forests, Paryavaran Bhavan, CGO Complex, Lodhi Road, New Delhi.

O/o J.S.(BMSR)
Dy. No. 24/12
Date: 24/8/12

O/o Director (IFS-I)
Dy. No. 2/132
Date: 31/8/12

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29/08

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3/9/12

Sh. Ishadd
for posting on website

"Form IV
[See rule 3]

The All India Services (Performance Appraisal Report) Rules, 2007

PROFORMA FOR HEALTH CHECK UP

Date:

Name

Age

Sex: M/F

Brief clinical history, if any:

Examination

(A) Physical

Investigations:

1) Haemogram

- i) Hb%
- ii) TLC
- iii) DLC (a) Polymorphs
(b) Lymphocytes
(c) Eosinophils
(d) Basophils
(e) Monocytes
- iv) Peripheral Smear

2) Blood Sugar

- i) Fasting
- ii) Post-Prandial

3) Lipid Profile

- i) Total Cholesterol
- ii) HDL Cholesterol
- iii) LDL Cholesterol
- iv) VLDL Cholesterol
- v) Triglyceride

4) Liver Function Test

- i) S. Bilirubin (Total)
- ii) S. Bilirubin (Direct)

iii) S.G.O.T.

iv) S.G.P.T.

v) ALK Phosphatase

5)Kidney Function Test

i) Blood Urea

ii) S.Creatinine

iii) S.Uric Acid

iv) Electrolytes

Na+
K
Calcium
Inorganic Phosphates

6)Cardiac Profile

i) CPK

ii) CK-MB

iii) S.LDH

iv) SGOT

v) S.CRP

For Men

vi) PSA

For Women

vii) PAP SMEAR

7)Urine Examination

ii) Routine

iv) Microscopic Ezam

ii) Sugar

iii) Albumin

8) E.C.G Report

9) X-ray Chest PA View Report

10) Ultra Sound Abdomen Report

11) TMT Report

12) Mammography Report (Women)

13) Gynecological health Check up

1) Pelvic Examination

- i) Local Examintion
- ii) Per Vaginum (P/V)
- iii) Per Speculum

Surgical Examination

Breast Examination

Urological Examination (For Men only)

Rectal Examination (For Men only)

(B) Systemic Examination

- i) Resp System
- ii) CVS
- iii) Abdomen
- iv) CNS
- v) Locomotor System
- vi) Dental Examination

Eye Examination

- i) Distant vision
- ii) Vision with Glasses
- iii) Colour vision
- iv) Tonometry
- v) Fundus Examination

ENT

- i) Oral Cavity
- ii) Nose
- iii) Throat
- iv) Larynx

Any other Investigation

Advise

B: Medical Report of the Officer

1	Haemoglobin level of the officer	Normal/Low
2	Blood Sugar level	Satisfactory/Normal/High/Low
3.	Cholesterol level of the officer	Normal/High/Low
4.	Liver functioning	Satisfactory/normal/dysfunctioning
5.	Kidney Status	Normal/Both-one kidney not functional optimally
6.	Cardiac Status	Normal/enlarged/blocked/not normal

C: SUMMARY OF MEDICAL REPORT (ONLY COPY OF THIS PART IS TO BE ATTACHED TO PAR

1.	Overall Health of the Officer	
2.	Any other remarks based on the health medical check up of the officer	
3.	Health profile grading	

Date

Signature of Medical Authority
Designation"